



# 100% chiropractic.



## About 100% Chiropractic - El Cerrito

Are you looking for a chiropractor in El Cerrito that you can trust with your health and body? Dr. Raquel with 100% Chiropractic in El Cerrito provides chiropractic care for people of all ages—from infants to seniors! We believe in overall natural wellness care and long term chiropractic corrective care to prevent the bigger aches, pains, and sicknesses. We also see time and time again how chiropractic care helps people improve their quality of life. Chiropractic makes this possible by optimizing nervous system function, improving range of motion, and even eliminating pain, all of which are essentially important after an accident or sports injury prompts chiropractic care.

**Some of the conditions chiropractic helps with include:**

Headaches and Migraines

**Neck, Back, and Joint Pain**

Digestive Issues

**Family Wellness**

Stress and Fatigue

**Accidents and Sports Injuries**

Prenatal and Pediatric Care

**... and Much More!**

**Dr. Raquel wants to help you reach your greatest health goals, feel better, and experience life to the fullest!  
Come see us and we will get you moving and living life at 100%.**

**¡También estamos muy orgullosos de poder servir nuestra comunidad que habla Español!**

Our Address:  
230 El Cerrito Plaza, El Cerrito, CA 94530  
Call Us At: (510) 345-3045

[100percentchiropractic.com](http://100percentchiropractic.com)

**100%  
chiropractic.** [WWW.100PERCENTCHIROPRACTIC.COM](http://WWW.100PERCENTCHIROPRACTIC.COM)

**\$49**  
**First Experience**

Includes:  
- Doctor Exam  
- X-rays and Posture Analysis with Styku Scan Technology  
- Your First Life Changing Adjustment  
- 30 Minute Massage

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**Make your appointment today!**